

Desert Sky Community School

September 3 - 6, 2019

Breakfast Menu -- choose three categories, one must be fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY NO SCHOOL	French toast sticks Bagel cereal	Confetti Pancakes Bagel cereal	Pancake sandwich Bagel cereal	Ultimate Breakfast Round Bagel cereal
	Lite pork sausage	PROTEIN	Lite pork sausage	String cheese
	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice
	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Lunch Menu -- choose three categories, one must be fruit or vegetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY NO SCHOOL	Chicken Patty sandwich Chili Cheese Dog Veggie salad Chicken veggie salad	Hamburger Cheeseburger Bean burrito Veggie salad Chicken veggie salad	Cherry Blossom Chicken & Fried Rice Cheesy Bread w Marinara Veggie salad Chicken veggie salad	Nacho grande Corn dog Pepperoni pizza Cheese pizza Veggie salad Chicken veggie salad
	VEGGIE	VEGGIE	VEGGIE	VEGGIE
	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Desert Sky Community School

September 9 to 13, 2019

Breakfast Menu -- choose three categories, one must be fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cinnamon bagel-ful Bagel cereal	banana bread Bagel cereal	breakfast burrito Bagel cereal	buttermilk pancakes Bagel cereal	orange blossom scone Bagel cereal
String cheese	Lite pork sausage	Fruit yogurt	Fruit yogurt	Lite pork sausage
Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Lunch Menu -- choose three categories, one must be fruit or vegetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Super pretzel bean&cheese burrito Veggie salad Chicken veggie salad	popcorn chicken croissant sandwich Veggie salad Chicken veggie salad	fish nuggets cheeseburger sliders Veggie salad Chicken veggie salad	chicken patty sandwich fried rice grilled cheese Veggie salad Chicken veggie salad	Nacho grande hot dog Pepperoni pizza Cheese pizza Veggie salad Chicken veggie salad
Carrots with ranch	broccoli	potatoes	corn	beans
Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Desert Sky Community School is an equal opportunity provider.

Desert Sky Community School

September 16 to 20, 2019

Breakfast Menu -- choose three categories, one must be fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Strawberry pancake Bagel cereal	French toast sticks Bagel cereal	confetti pancakes Bagel cereal	pancake sandwich Bagel cereal	ultimate breakfast round Bagel cereal
Lite pork sausage	PROTEIN	Fruit yogurt	Lite pork sausage	String cheese
Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Lunch Menu -- choose three categories, one must be fruit or vegetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
yogurt parfait chili cheese dog Veggie salad Chicken veggie salad	Teriyaki meatball & fried rice Quesadilla Veggie salad Chicken veggie salad	Hamburger Cheeseburger Bean & cheese burrito Veggie salad Chicken veggie salad	baked chicken cheesy bread w marinara Veggie salad Chicken veggie salad	Nacho grande Corn dog (chicken) Pepperoni pizza Cheese pizza Veggie salad Chicken veggie salad
Carrots with ranch	broccoli	potatoes	corn	beans
Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Desert Sky Community School

September 23 to 27, 2019

Breakfast Menu -- choose three categories, one must be fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cinnamon bagel-ful Bagel cereal	Banana bread Bagel cereal	Breakfast burrito Bagel cereal	buttermilk pancakes Bagel cereal	orange blossom scone Bagel cereal
String cheese	Lite pork sausage	Fruit yogurt	Fruit yogurt	Lite pork sausage
Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Lunch Menu -- choose three categories, one must be fruit or vegetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mozzarella sticks & marinara cheeseburger sliders Veggie salad Chicken veggie salad	chicken & waffles croissant sandwich Veggie salad Chicken veggie salad	hot dog Bean & cheese burrito Veggie salad Chicken veggie salad	General Tso's Chicken & fried rice grilled cheese Veggie salad Chicken veggie salad	Nacho grande Corn dog (chicken) Pepperoni pizza Cheese pizza Veggie salad Chicken veggie salad
Carrots with ranch	broccoli	potatoes	corn	beans
Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Desert Sky Community School

September 30 to October 4, 2019

Breakfast Menu -- choose three categories, one must be fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
strawberry pancake Bagel cereal	french toast sticks Bagel cereal	confetti pancakes Bagel cereal	pancake sandwich Bagel cereal	ultimate breakfast round Bagel cereal
String cheese	Lite pork sausage	Fruit yogurt	Fruit yogurt	Lite pork sausage
Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Lunch Menu -- choose three categories, one must be fruit or vegetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
popcorn chicken chili cheese dog Veggie salad Chicken veggie salad	chili cheese fries cheesy bread w marinara Veggie salad Chicken veggie salad	fish nuggets Bean & cheese burrito Veggie salad Chicken veggie salad	meatball marinara & pasta quesadilla Veggie salad Chicken veggie salad	Nacho grande Corn dog (chicken) Pepperoni pizza Cheese pizza Veggie salad Chicken veggie salad
Carrots with ranch	broccoli	potatoes	corn	beans
Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Desert Sky Community School

October 7 to 11, 2019

Breakfast Menu -- choose three categories, one must be fruit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
cinnamon bagel-ful Bagel cereal	banana bread Bagel cereal	breakfast burrito Bagel cereal	buttermilk pancake Bagel cereal	orange blossom scone Bagel cereal
String cheese	Lite pork sausage	Fruit yogurt	Fruit yogurt	Lite pork sausage
Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice	Fruit of the day Juice
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk

Lunch Menu -- choose three categories, one must be fruit or vegetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
mozzarella sticks & marinara chili cheese dog Veggie salad Chicken veggie salad	tamale croissant sandwich Veggie salad Chicken veggie salad	hot dog Bean & cheese burrito Veggie salad Chicken veggie salad	cherry blossom chicken & rice grilled cheese Veggie salad Chicken veggie salad	Nacho grande Corn dog (chicken) Pepperoni pizza Cheese pizza Veggie salad Chicken veggie salad
Carrots with ranch	broccoli	potatoes	corn	beans
Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day	Fruit of the day
1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk	1% milk Fat-free milk